

## The Legacy of the Essenes & The Coming Together of the Ages

Who were the Essenes? What was their role in the evolution of Consciousness?  
How can they inspire us today as we bring forth a New Earth?

### Outline:

#### 1. What drew me to this subject:

- Hebrew at School, The Hebrew University English Literature - Shakespeare, IDF - Sinai, Nabateans, Dead Sea Scrolls, Petra
- Old Chinese – Cataclysms, Avatars, Points of Light, Disciplines, Atlantis, Crystals
- Herman Rednick - The Path of Love & Service, Master G, Alice Bailey, Great White Brotherhood
- Soul Support Systems, The Council of Light, TNO, Judas, Mary Magdalena, Sunlight on Water
- Community Vision, Nature, Gardening and Water
- Books: The Hebrew Pharaohs of Egypt\*, Secrets of the Exodus, Akhenaten, The Copper Scroll, the Lost Teachings of Atlantis, Books on Regressions: (Prentis and Wilson, Dolores Cannon, Books on Atlantis and Lemuria, Stone Circles, Glastonbury, Avebury, Edmond Szekeley, Edgar Cayce
- The New Children, Conscious Festivals, HeartThread, Channeling - **30 Minutes**

#### Opening Meditation -

**5 – 7 Minutes**

The Essene Tree of Life and 4 roots  
(Light, Truth, Order, Union)

#### 2. Who Were The Essenes?

- **What does Essene mean?** *Expectancy*, The Teacher of Righteousness, The Messiah, The “Beginning”- The Fallen Angels, Thoth and the second wave, The Battle between Light and Dark [Sons of the Light vs Sons of the Lie (Belial)], the 4 worlds of the Hopi, Kingdom of Heaven on Earth, The Peace of a Million Years of Dreaming
- **\*Joseph/Moses/Akhenaten – The link to Egypt** - Joseph/Yuya/Tiye and the 18<sup>th</sup> Dynasty (a Father to Pharaoh), Grand Vizier, Master of the Horse, Deputy of the King in the Chariotry to both Tuthmoses IV & Amenhotep III and buried in the Valley of the Kings - Akhenaten, Ay and Nefertiti – The Great Mystery

- **Where do the Essenes come from?** The Hopi, Kachinas, Atlantis and Lemuria, Order of Melchizedek, Moses/Akhenaten\*, The Magi and the teachings of Zarathustra, The School of the Prophets, Shamballah in Tibet, Egypt - Therapeutae, Pythagoras, The Kaloo,
- **How do we know of them?** Dead Sea Scrolls and the Communities of Essenes, Greek, Roman and Early historians
- **The Law of One - Cosmic Order, Universal Law, One Creator/Creation,** All life subject to the Law, All Children of the One, Immortal, Eternal, Infinite, Universal, Truth, Union, Light and Order – BALANCE -The Divine Plan, The Free will Experiment, Equality, The Golden Rule, Unconditional love, Cosmic connection, Karma **30 minutes/1hour**

### Channeling

**15 Minutes**

### 3. What is Special or Unique about The Essenes:

- **Community,** Common ownership of property, Equality of genders, No servants or slaves, Nature and Food Production, White garb, Silence, specific roles in the community, Marriage and coming of age ceremonies, council of Elders, leadership based on merit and spiritual advancement, 3 year probation, Mediation
- **Spiritual Consciousness:** Prophecy, Astrology, Reincarnation, Study and copying of Ancient Scriptures from all wisdom traditions, Preparation and training of priests, The Christ and the Brother/Sisterhoods that taught the Law of One and practiced the Sacred Arts, Magic, Healing, Psychic and extrasensory abilities, Use of Star Charts; Atlantean Technologies, both physical and metaphysica
- **Daily Practice:** Rising before dawn to greet the sun, Purification - daily ritual of immersion in cold water, Silence, distinctive garb, Sabbath and religious Holy Day observance, communions and communication with the Nature Kingdom and the Angels (the Essene Tree of Life), Prayer and meditation, Grace & communal meals,
- **Container for the birth, education and support of the Christ's mission:** Preparation and training for Motherhood of the Christ, Immaculate conception, Councils/Circles of disciples trained in healing, mind discipline and power to hold space energetically, Joseph of Arimathea, Visits by the Magi and education in Carmel with Judith, travel and ministry.
- **The New Earth:** Coming of the Kingdom of Heaven on Earth, The New Children, Reincarnated souls from that time, connections with other worlds, ET energies, The Watchers, Ascension and the transformation into a higher frequency, Changes in DNA and body systems. The Rainbow Spider Web.

- **Legacy:** During times when Darkness and Domination reigned, the teachings went underground and were taught in the Mystery Schools; use of symbols and cryptic systems; Cathars, Knights Templar, Rosicrucians, etc all preserved the truth, held the Light and often had to go underground in the face of oppression. The early Christian churches derived from the Essenes communities and were established in the areas where the Essenes flourished.

### **3. Application of Principles and Practices in our Everyday Lives**

- Communication with Nature, Great Mother practice, living closer to/in the natural world, natural lifestyle, rise with dawn, observe the seasons and cycles.
- Respect for ALL life; growing healthy food, sprouting, Raw food, Indoor Meadow and Biogenetic living, non-meat diets, **Balance**
- Daily meditation practices
- Love and Service
- Unconditional love, no judgment, equality, respect, recognition of soul
- Education based on Natural Law (Universal Law) and Law of One
- Honoring of One Source of all life
- Support of the New Children; Elders and Millennials in Circles to counsel and guide, and learn from the New Children; Bridges in consciousness.

I shall breathe  
the sweet breath  
Which comes forth from Thy mouth.  
I shall behold  
Thy beauty everyday.  
It is my desire that I may hear  
Thy sweet voice,  
Like the North Wind,  
That my limbs may be quickened with life  
Through love of Thee.  
Give me Thy hands,  
Holding Thy spirit,  
That I may receive it,  
And may live by it.  
Call Thou upon my name throughout eternity,  
And it shall never fail.  
**for aten the ancient sun god - pharaoh akhenaten**

FROM THE DEAD SEA SCROLLS

*I thank Thee, Heavenly Father,  
because Thou hast put me  
at a source of running streams,  
at a living spring in a land of drought,  
watering an eternal garden of wonders,  
the Tree of Life, mystery of mysteries,  
growing everlasting branches for eternal planting  
to sink their roots into the stream of life  
from an eternal source.*

*And Thou, Heavenly Father,  
protect their fruits  
with the angels of the day  
and of the night  
and with flames of Eternal Light burning every way.*

*from the Thanksgiving Psalms  
of the Dead Sea Scrolls*

*I will praise Thy works  
with songs of Thanksgiving  
continually, from period to period,  
in the circuits of the day, and in its fixed order;  
with the coming of light from its source  
and at the turn of evening and the outgoing of light,  
at the outgoing of darkness and the coming in of day,  
continually,  
in all the generations of time.*

*from the Thanksgiving Psalms  
of the Dead Sea Scrolls*